

Cancer & Healthy Lifestyle Awareness Days Calendar 2024

Awareness days to help you build your wellbeing calendar



Jan

- All month** Cervical Cancer Prevention Week
- 11th** Less Survivable Cancer Awareness Day
- All month** Dry January

Feb

- 1st** Time to Talk Day
- 4th** World Cancer Day
- 5th - 9th** Kidney Cancer Awareness Week
- All month** Oesophageal Cancer Awareness Month

Mar

- 4th** HPV Awareness Day
- All month** Brain Tumour Awareness Month
- All month** Colorectal Cancer Awareness Month
- All month** Kidney Cancer Awareness Month
- All month** Ovarian Cancer Awareness Month
- All month** Prostate Cancer Awareness Month

Apr

- All month** Bowel Cancer Awareness Month
- All month** Testicular Cancer Prevention Month
- All month** Stress Awareness Month

May

- 6th - 12th** Sun Awareness Week
- 8th** World Ovarian Cancer Day
- 5th - 9th** Bladder Cancer Awareness Month
- All month** Melanoma Awareness Month
- All month** Skin Cancer Awareness Month
- All month** National Walking Month

Jun

- 8th** Global Wellness Day
- 10th - 16th** International Men's Health Week
- 17th - 23rd** Cervical Screening Awareness Week
- 24th - 30th** Myeloma Awareness Week

Jul

- 1st - 7th** Alcohol Awareness Week
- 27th** World Head & Neck Cancer Day
- All month** Sarcoma Awareness Month

Aug

- 1st** Cycle to Work Day
- 15th** National Relaxation Day

Sep

- All month** Blood Cancer Awareness Month
- All month** Gynaecological Cancer Awareness Month
- All month** Hereditary Cancer Awareness Month
- All month** Thyroid Cancer Awareness Month
- All month** Urological Cancer Awareness Month

Oct

- 25th** Myelodysplastic Syndromes (MDS) Awareness Day
- All month** Liver Cancer Awareness Month
- All month** Breast Cancer Awareness Month
- All month** Stoptober (quitting smoking)
- All month** Go Sober for October

Nov

- All month** Gastric Cancer Awareness Month
- All month** Lung Cancer Awareness Month
- All month** Mouth Cancer Awareness Month
- All month** Pancreatic Cancer Awareness Month
- All month** Movember (Men's Health Awareness)

Dec

- All month** Decembeard (Bowel Cancer Awareness)